

DINNER SERIES OF 2020–2021

THIRD ANNUAL: PRESCRIPTION FOR LONG LIFE CONFERENCE SERIES

OCTOBER 14, 2020

VIRTUAL CONFERENCE

Provided by Maimonides Medical Center; Charles B. Wang Community Health Center; Coalition of Asian-American IPA, Inc.; Chinese American Medical Society; and Healthfirst











Third Annual: Prescription for Long Life Conference Series DINNER SERIES OF 2020–2021

PROGRAM OVERVIEW

In this series of lectures, the overall goals will be to summarize what is known about burnout, physician wellness, use of dietary and herbal supplements, destructive behavior, and education on diet. These relationships can be explored further with the speakers as they develop their lectures, and can provide a way to reinforce the information in each of the lectures while serving as a leadin from one lecture to the next.

PROGRAM OBJECTIVES

At the conclusion of this activity, participants will be able to:

Objective 1

Analyze the factors and challenges of herbal and dietary supplements

Objective 2

Integrate evidence-based approaches to improving physician wellness

Objective 3

Identify current and innovative digital solutions for medicine

TARGET AUDIENCE

Medical directors, physicians, physician assistants, nurse practitioners, nurses, health professionals, and practice leaders that serve high-risk populations.

FOR JOINTLY SPONSORED ACTIVITIES

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of the State of New York (MSSNY) through the joint sponsorship of Maimonides Medical Center; Charles B. Wang Community Health Center; Coalition of Asian-American IPA, Inc.; Chinese American Medical Society; and Healthfirst. Maimonides Medical Center is accredited by MSSNY to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Maimonides Medical Center designates this live activity for a maximum of 2.0 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE

Verification of attendance will be provided to all professionals.

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FACULTY DISCLOSURE

It is the policy of Maimonides Medical Center to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

SPECIAL NEEDS

Maimonides Medical Center is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible to individuals with special needs. If you would like to attend this conference and require any special needs or accommodations, please contact Jamie Love, Administrator, Chinese American Medical Society, at 1-212-334-4760.

REGISTRATION

If you need additional information or to register for the conference, please email Jamie Love, Chinese American Medical Society (jlove@camsociety.org), or call 1-212-334-4760.

Speaker



Jing Shui, MPH
Vice President, Health Economics & Data Analytics,
Coalition of Asian-American IPA, Inc.

Jing Shui currently serves as Vice President, Health Economics & Data Analytics, at the Coalition of Asian-American IPA, Inc. (CAIPA) in New York City. CAIPA is a community-based physician organization serving a publicly and privately insured population of more than 500,000 in the local Asian communities. Since joining CAIPA in early 2019, Jing has built a new Data Analytics unit and expanded the organization's analytical capabilities to help it meet the challenges in today's healthcare marketplace.

Jing has nearly 30 years of experience in healthcare and health insurance analytics. Jing started his professional career with the United Hospital Fund of New York, where he spent six years analyzing the financial and operational performances for the city's voluntary and municipal hospital systems. Jing later moved into the health insurance industry and worked for NYLCare Health Plans as a member of its corporate Healthcare Analytics team. In 1998, Jing joined HIP Health Plan of New York (it later became EmblemHealth after merging with GHI). During his twenty-year tenure with EmblemHealth, Jing played various roles. As Director of Methods & Measurement, he managed the company's HEDIS reporting and analytics for quality improvement activities. As Senior Director of Informatics, he led the Clinical Informatics Department and oversaw analytics in many different areas, including medical utilization management, clinical care management, population risk assessment, network PCP and specialist performance evaluation, as well as support for ACO and provider P4P programs.

Jing received his Master of Public Health degree from the University of California at Berkeley. He also completed a World Health Organization fellowship in health economics and management at Harvard School of Public Health.

Speaker



Alex Tang, MBA, PA-C Clinical Director, Coalition of Asian-American IPA, Inc.

Alex Tang, Clinical Director for CAIPA MSO, leads the Population Health Department and manages clinical initiatives, including the House Calls program, Practice Management Solutions, and Care Coordination. Most recently, he led a team in developing the Mobile Rapid Testing Center as a response to providing COVID testing access for in-need communities and launched testing days after NYC experienced its highest COVID positive cases, hospitalizations, and deaths.

Alex is also a licensed Physician Assistant (PA) with extensive clinical experience in various care settings. He worked at Bellevue Hospital Center as a Trauma/Critical Care PA serving the critically ill and underprivileged, then took on a surgical role in the Department of Neurosurgery at NYU Langone Health and worked part-time as a Primary Care PA in the Asian community. After years of serving patients on a clinical level, he joined CAIPA with a specific focus on population health and healthcare policy.

Alex is active with PA leadership, as he is the Industry Relations Chair and the Chair of the Chinese American PA Special Interest Group for the New York State Society of Physician Assistants. He is a strong PA advocate in the community, educating about the profession and providing mentorship. He hopes to further the profession's involvement in addressing health disparity issues in minority communities and to extend access to quality healthcare.

He received his Bachelor of Science in Physician Assistant studies at Long Island University in 2008 and his MBA in Healthcare Administration from Quinnipiac University in 2018.



Wednesday, October 14, 2020

6:55PM-7:00PM	Welcome and Introduction Stanley Yang, MD Clinical Assistant Professor, Radiology, Weill Cornell Medical College
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LECTURE	
7:00PM-8:30PM	Technology in Healthcare Jing Shui, MPH Vice President, Health Economics and Data Analytics, Coalition of Asian-American IPA, Inc. Alex Tang, MBA, PA-C Clinical Director, Coalition of Asian-American IPA, Inc.
8:30PM-9:00PM	Question and Answer Session

ADJOURN

THANK YOU FOR ATTENDING THE THIRD ANNUAL "PRESCRIPTION FOR LONG LIFE," PROVIDED BY MAIMONIDES MEDICAL CENTER; CHARLES B. WANG COMMUNITY HEALTH CENTER; COALITION OF ASIAN-AMERICAN IPA, INC.; CHINESE AMERICAN MEDICAL SOCIETY: AND HEALTHFIRST.

COURSE DIRECTORS

Susan J. Beane, MD

Executive Medical Director Clinical Partnerships Healthfirst

Benjamin Lee, MD

Chief of Thoracic Surgery NewYork-Presbyterian Queens Assistant Professor of Clinical Cardiothoracic Surgery Weill Cornell Medicine

Cynthia X. Pan, MD

Program Committee Co-Chair Chief, Division of Geriatrics and Palliative Care Medicine Designated Institution Official (DIO) of Graduate Medical Education (GME) NewYork-Presbyterian Queens Associate Professor of Clinical Medicine Weill Cornell Medical College

PLANNING COMMITTEE

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FACULTY

Gary E. Deng, MD, PhD Robert Espinoza, MPA George Hennawi, MD Erica N. Hutchison, PhD Sarita Patel, MD Jing Shui Alex Tang, MBA, PA-C

Notes



ABOUT HEALTHFIRST

Healthfirst is New York's largest not-for-profit health insurer, earning the trust of nearly 1.5 million members by offering access to affordable healthcare. Sponsored by New York City's leading hospitals, Healthfirst's unique advantage is rooted in its mission to put members first by working closely with its broad network of providers on shared goals. Healthfirst takes pride in being pioneers of the value-based care model, recognized as a national best practice. For more than 25 years, Healthfirst has built its reputation in the community for top-quality products and services New Yorkers can depend on. It has grown significantly to serve the needs of members, offering market-leading products to fit every life stage, including Medicaid plans, Medicare Advantage plans, long-term care plans, qualified health plans, and individual and small group plans. Healthfirst serves members in New York City and Long Island, as well as in Westchester, Sullivan, and Orange counties. For more information on Healthfirst, visit healthfirst.org.

ABOUT MAIMONIDES MEDICAL CENTER

Maimonides Medical Center is at the forefront of innovation in medical science and is the largest hospital in Brooklyn – the most populous borough in New York City. Maimonides Heart & Vascular Institute ranks among the top 1% of hospitals in the U.S. for heart attack and heart failure patient outcomes. Our Department of Surgery has experts in all major specialties. Its cardiac, neurologic, orthopedic, thoracic and urologic divisions are among the best in the nation, supported by superb anesthesiology services, advanced imaging technology and next-generation operating rooms.

The accredited Maimonides Cancer Center is the only full-service cancer center in Brooklyn, providing all treatment modalities and specialties. Our highly regarded Breast Center is home to a Breast Imaging Center of Excellence. Maimonides is a New York State-designated Regional Perinatal Center, accepting high-risk maternity patients – a reflection of our expertise in obstetrics and neonatology. More babies are born at Maimonides than at any other hospital in New York State. The Maimonides Children's Hospital is the only children's hospital in Brooklyn and provides all major pediatric specialty services. Pediatric care is provided in our modern inpatient unit, advanced pediatric ICU, and accredited Pediatric Emergency Center. Maimonides Medical Center is continuously enriching and expanding services to meet the growing needs of the residents of Brooklyn.

For more information about Maimonides Medical Center, visit maimonidesmed.org.

ABOUT CHARLES B. WANG COMMUNITY HEALTH CENTER

The Charles B. Wang Community Health Center is a nonprofit and federally qualified health center offering comprehensive primary care services to all, accepting most major health insurance plans, and serves everyone regardless of their ability to pay, the language they speak, or their immigration history. For more information, please visit **cbwchc.org**.

ABOUT COALITION OF ASIAN-AMERICAN IPA, INC.

CAIPA (Coalition of Asian-American IPA) is one of the most successful independent practice associations in Greater New York with over 1,000 private practice providers, covering over 70 specialties. Its provider network currently provides medical services and care to about half-a-million patient population in the Asian community. At CAIPA, its mission has always been to unite the top health professionals to deliver culturally sensitive and quality care, utilizing the most cost-effective approach.

ABOUT CHINESE AMERICAN MEDICAL SOCIETY

The Chinese American Medical Society (CAMS) is a non-profit, charitable, educational, and scientific organization committed to education and community service. Established in 1964, it is the oldest and now one of the largest and most successful national Chinese American medical societies in North America with regional chapters in Boston and Albany and over 1,300 members. The officers and the trustees of the governing board are leading physicians in the New York metropolitan area who volunteer their services to CAMS.



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