



Medical Cantonese Class - Practice H&P

Vocabulary

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Clinic	診所 can2 so2
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Primary care doctor	家庭醫生 gaa1 ting4 ji1 saang1
Routine checkup	例行檢查 lai6 hang4 gim2 caa4

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Medical history	病歷 beng6 lik6
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High blood pressure	血壓高 hyut3 ngaat3 gou1
High cholesterol	高膽固醇 gou1 daam2 gu3 seon4
Diabetes	糖尿病 tong4 niu6 beng6
Heart disease	心臟病 sam1 zong6 beng6
Stroke	中風 zung1 fung1
"Three Highs" - Referring to high blood pressure, high blood sugar, and high blood cholesterol	三高 saam1 gou1

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Asthma	哮喘 hau1 cyun2
COPD	肺氣腫 fai3 hei3 zung2
Tuberculosis	肺結核 (肺癆) fai3 git3 hat6 (fai3 lou4)
Lung disease	肺病 fai3 beng6
Asthma	哮喘 hau1 cyun2

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Hepatitis	肝炎 gon1 jim4
Gastric ulcers	胃潰瘍 wai6 kui2 joeng4
Gastrointestinal disease	腸胃疾病 coeng4 wai6 zat6 beng6

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Surgery	手術 sau2 seot6
Gallbladder	膽囊 daam2 nong4

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Gallstones	膽結石 daam2 git3 sek6
Gallbladder infection	膽囊發炎 daam2 nong4 faat3 jim4
Kidney stone	腎結石 san5 git3 sek6

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Family history of medical illnesses	家族病史 gaa1 zuk6 beng6 si2
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Breast cancer	乳癌 jyu5 ngaam4
Heart attack	心臟病發 sam1 zong6 beng6 faat3

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Medications	藥 joek6
Diuretics (Water pills)	去水丸 heoi3 seoi2 jyun2

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Chinese medicine	中藥 jung1 yeuk6
Supplements	補品 bou2 ban2
Prescription	处方 chyu2 fong1
Non-prescription	非处方 fei1 chyu2 fong1

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Drug allergies	藥物過敏 joek6 mat6 gwo3 man5
Penicillin	盤尼西林 pun4 nei4 sai1 lam4
Penicillin	青霉素 ching1 mui4 sou3

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Hives	出疹 ceot1 can2
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Pneumococcal vaccine	肺炎針 fai3 jim4 zam1
Flu vaccine	流感針 lau4 gam2 zam1

Zoster vaccine	帶狀皰疹疫苗 (蛇針) daai3 jong6 paau3 chan2 yik6 miu4 (se4 dzam1)
Vaccination	疫苗 (預防針) jik6 miu4 (yu6 fong4 zam1)
COVID Vaccine	新冠疫苗 san1 gun1 jik6 miu4

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Mammogram	乳房 X 光 jyu5 fong4 X gwong1
Colonoscopy	大腸鏡 daai6 coeng4 geng3

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Illicit drugs	非法藥物 (吸毒) fei1 faat3 joek6 mat6 (kap1 duk6)
Marijuana	大麻 daai6 maa4
Ketamine	氯胺酮 luk6 ngon1 tung4
Heroin	海洛英 (白粉) hoi2 lok6 jing1 (baak6 fan2)
Cocaine	可卡因 ho2 kaa1 jan1

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Smoke	食煙 (吸煙) sik6 yin1 (kap yin)
Drink alcohol	飲啲酒 jam2 di1 zau2

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Healthcare proxy	醫療護理委託人 yi1 liu4 wu6 lei5 wai2 tok3 yan4
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Pregnant	懷孕 wa4 yan6
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Miscarriage	小產 siu2 chaan2
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Birth control	避過孕 bei6 gwo3 yan6
Uterine ring	子宮環 ji2 gung1 waan4

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Menses/Period	月經 yut6 ging1
Menopause	更年期 (停經) gang1 nin4 kei4 (ting4 ging1)

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Home health aide	護理 wu6 lei5
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Health insurance	醫療保險 ji1 liu4 bou2 him2
Medicaid ("White card")	醫療補助卡 (白卡) ji1 liu4 bou2 zo6 kaa1 (baak6 kaa1)
Medicare ("Red & blue card")	老人卡 (紅藍卡) lou5 jan4 kaa1 (hung4 laam4 kaa1)

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Weight change	體重變化 tai2 cung4 bin3 faa3
Loss of appetite	冇胃口 mou5 wai6 hau2
Fatigue	見𦉳 gin3 gui6
Fever	發燒 faat3 siu1
Chills	發冷 faat3 laang5

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Stress	壓力 aat3 lik6
Anxiety	擔心 daam1 sam1
Depression	情緒低落 cing4 seoi5 dai1 lok6

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Vision change	視力變化 si6 lik6 bin3 faa3
Nose bleed	流鼻血 lau4 bei6 hyut3
Sore throat	喉嚨痛 hau4 lung4 tung3
Headache	頭痛 tau4 tung
Hearing loss	聽力差咗 ting3 lik6 cha1 jo2

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Cough	咳 kat1
Phlegm	痰 taam4
Shortness of breath	呼吸困難 fu1 kap1 kwan3 naan4

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Chest pain	心口痛(闷) sam1 hau2 tung3(mun6
Heart palpitation	心跳唔正常 sam1 tiu3 m4 zing3 soeng4
Palpitations	心悸 sam1 gwai3
Arrhythmia	心律不正 sam1 leut6 bat1 jing3
AFib	心房颤动 sam1 fong4 jin3 dung6

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Nausea	作嘔作悶 zok3 au2 zok3 mun6
Vomiting	嘔 au2
Constipation	便秘 bin6 bei3
Diarrhea	肚瀉(肚屙) tou5 se3 (tou5 o1)
Blood in stool	大便有血 daai6 bin6 jau5 hyut3
Black stool	黑色大便 hak1 sik1 daai6 bin6

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Dysuria	排尿困難(小便痛) paai4 niu6 kwan3 naan4(siu2 bin6 tung3)
Blood in urine	小便有血 siu2 bin6 yau5 hyut3
Urinary Urgency	尿急 niu6 gap1
Urinary Incontinence	尿失禁 niu6 sat1 gam3
Fecal incontinence	大便失禁 daai6 bin6 sat1 gam3

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Vaginal discharge	陰道分泌物 jam1 dou6 fan1 bat6 mat6
Bleeding	出血 ceot1 hyut3

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Muscle weakness	肌肉無力 gei1 juk6 mou4 lik6
Pain	酸痛 syun1 tung3

Joint stiffness	關節僵硬 gwaan1 zit3 goeng1 ngaang6
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Lump	腫塊 zung2 faai3
Bump	硬塊 ngaang6 faai3
Rash	皮疹 pei4 can
Swelling	腫脹 zung2 zoeng3

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Religion	宗教信仰 zung1 gaau3 seon3 joeng5
Jehovah's witness	耶和華見證人 je4 wo4 waa4 gin3 zing3 jan4